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# NPHF's Current Website



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## Strengthening the health of Nevada communities

Nevada Public Health Foundation is an essential partner in advancing the health and wellness of our communities. We identify important initiatives, assemble key partners, and accelerate outcomes needed to enrich our population's health.

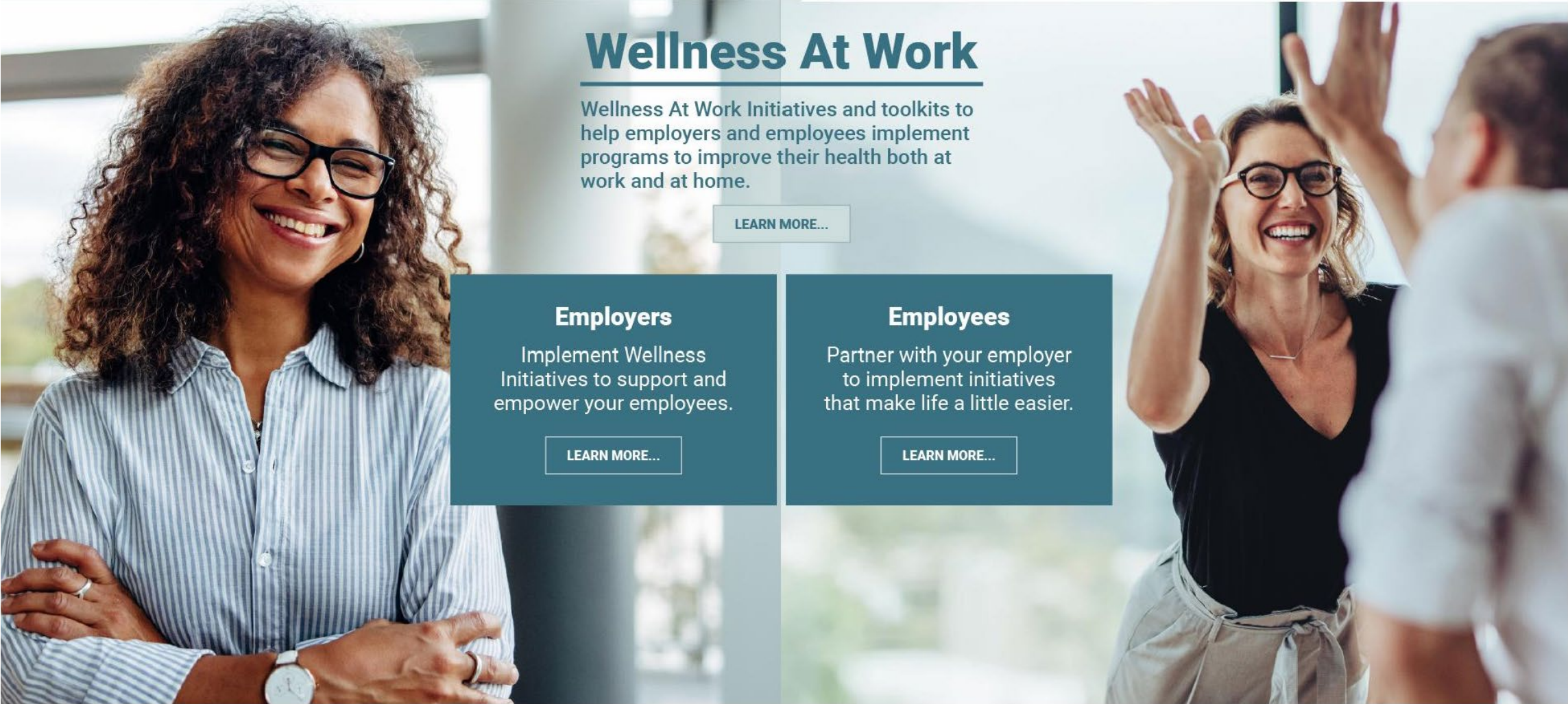
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# NPHF's New Website Homepage Design



# Wellness at Work Homepage:





# NPHF Website Secondary Page Design


SERVICES WELLNESS AT WORK PROGRAMS ABOUT CONTACT
EVENT REGISTRATION EMPLOYEE REGISTRATION

### Healthy Relationships For Healthier Teens

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### Why the Healthy Relationships Project is Important

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### The Age of Consent in Nevada

#### Age 16

You can say "yes" to consensual sexual acts with someone 16 years or older.

#### Age 14-15

You can say "yes" to sexual acts with someone less than four years older than yourself.

#### Under 14

You cannot say "yes" or consent to sexual acts with anyone, regardless of the age difference.

### NPHF is Ready to Help

Reach out to us today for more information on this and other critical Nevada public health programs.

[CONTACT US!](#)





### Things to Consider

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### Laws that apply

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NRS 200.364 Statutory Sexual Seduction  
 NRS 200.366 Sexual Assault  
 NRS 201.230 Lendness With A Child Under 16



Contact Us  
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SERVICES  
 Community Building  
 Event & Conference Planning  
 Facilitation  
 Training

PROGRAMS  
 STARS  
 Healthy Relationships  
 Mandatory Reporting  
 Social Work Development

WELLNESS AT WORK  
 Employees  
 Employees

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# DPBH and NPHF COLLABORATION



The NPHF staff have refreshed and revised Nevada resources due to agency collaboration with the DPBH Chronic Disease Section Managers in specialty areas of breastfeeding, nutrition, diabetes, cancer, and caregiving.

# WELLNESS AT WORK RESOURCE

## Employer & Employee

- Baby-Friendly
- Caregiver-Friendly
- Behavior Health-Friendly
  - Mental Health
  - Addiction Recovery Support
  - Physical Wellness
    - Chronic Condition Management and Support
    - Energy Balance - nutrition, physical activity, and sleep
    - Tobacco Use Cessation

# Baby Friendly

## **Employer**

- Bring Your Baby to Work: How to, including resources and implementation templates
- Nevada Breastfeeds: Business Resources
- Nevada DHHS nursing mother
- Developing a compliant private breastfeeding location at your worksite

## **Employee**

- Nevada WIC
- Nevada Children's Cabinet Parent Childcare Resources
- Nevada Breastfeeds: Parent Resources

## **Employer and Employee**

- Caring For Our Children Standards
- Legal Resources: AB113



# Caregiver Friendly

## **Employer**

- **Employment Law References and Other Resources**
- Equal Employment Opportunity Commission (EEOC): Caregiver discrimination under federal employment awareness
- Family Medical Leave (FMLA)
- Nevada Association of Employers (NAE): Nevada guidance on caregiver discrimination
- Homecare Pulse Caregiver Recruitment Toolkit

## **Employee**

### **Resources for Caregivers**

- Nevada find a health facility resource
- Nevada Care Connection
- Nevada Legislature's Caregiver Resource Guide
- Nevada Aging and Disability Services Division (ADSD)
- National Care Planning Council: Long-Term care link

# Behavioral Health Friendly Mental Health Support

## **Employer**

- American Psychiatric Association Foundation: Working Well Toolkit and Employer Resources/Podcasts
- Employer Assistance and Resource Network (EARN) Toolkit
- EARN on Disability Inclusion: Mental Health and Wellness in the Workplace

## **Employee**

- Nevada Employee Assistance Program (EAP)
- Nevada 211 Mental Health Services

# Behavioral Health Friendly Addiction Recovery Support

## **EMPLOYER**

- Foundation for Recovery
- <https://forrecovery.org/>

## **EMPLOYEE**

- Foundation for Recovery
- <https://forrecovery.org/workplace/>

# Behavioral Health Friendly Physical Wellness – Chronic Condition

## **Employer**

- CDC Workplace Health Resource Center: Cardiovascular Disease Screening
- National Comprehensive Cancer Network: Employer Toolkit
- Nevada Cancer Coalition: Developing a Paid Leave Policy for Cancer Screenings
- American Cancer Society, Cancer in the Workplace HR Tip Sheet
- American Heart Association (AHA) Employer Resources
- Nevada-California Diabetes Association

## **Employee**

- Nevada California Diabetes Association
- Healthy People 2030
- Joslin Diabetes Education Center
- National Kidney Foundation Resources
- National Institute of Diabetes and Digestive and Kidney Diseases
- Nevada Liver Resources

## **Employer and Employee**

- CDC Nevada Health Statistics
- Get Healthy Clark County
- WHO Trust for America's Health State of Obesity Report

# Behavioral Health Friendly Physical Wellness – Personal Energy Balance

## **Employer**

- Workplace Health Promotion
- First Class Vending – Reno
- Healthy You Vending: What We Do
- Get Healthy: Northern Nevada Public Health – Physical Activity Business Tools
- Get Health Clark County Workplace
- ALA Improve Employee Fitness and Morale

## **Employee**

- Healthy Eating Active Living (HEAL) Nevada
- 2020-2025 Dietary Guidelines
- AHA Omega-3 Fatty Acid Benefits
- Environmental Work Group (EWG Dirty Dozen, Clean 15)
- Balance Blood Sugar (stop cravings & hunger, get more energy: drink water/eat protein & healthy fats/avoid food chemicals/consistent meal timing/ movement-physical activity/sleep)
- National Sleep Foundation
- Physical Activity: Move Your Way Community Resources
- Physical Activity 2024 Compendium
- NASA Desk Exercises



# Behavioral Health Friendly Physical Wellness - Tobacco Use Cessation

## **Employer**

- ALA: How Lung-Friendly is Your Workplace?
- SNHD: A Guide for Employers and Clean Indoor Air Act Guide
- Northern Nevada Public Health Tobacco-Free Workplace, Business Community Tools

## **Employer**

- Nevada DPBH Tobacco Cessation
- Nevada Tobacco-Free Prevention Coalition
- CDC Electronic Cigarettes: What's the Bottom Line

**Thank You**  
**Any Questions**  
**?**



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